

Mrs Osborne



RECOMMENDS . . .

# Practical Patañjali

*Yoga is the whole of our lives*

*Patañjali's Yoga Sūtra-s Chapter One: In depth study and exploration*  
**a week long retreat at Ampleforth Abbey**  
**with James Boag**  
Saturday 8<sup>th</sup> July 2017 – Saturday 15<sup>th</sup> July 2017

## Booking Form

Name:	Address:
Telephone (s):	Email:
Single room early bird price	£1008 <input type="checkbox"/> ✓ number of places: .....
Single room regular price	£1154 <input type="checkbox"/> ✓ number of places: .....
Twin Room early bird price	£ 918 <input type="checkbox"/> ✓ number of places: .....
Twin room regular price	£1054 <input type="checkbox"/> ✓ number of places: .....
Triple room early bird price	£ 834 <input type="checkbox"/> ✓ number of places: .....
Triple room regular price	£ 954 <input type="checkbox"/> ✓ number of places: .....

### Terms & Conditions of Booking:

1. A booking form and non refundable deposit of £250 are both required to secure a place.
2. Payment of the balance is due no less than 6 weeks before the retreat.
3. In the event of cancellation within 6 weeks of the retreat there is no refund.
4. In the event of cancellation more than 6 weeks prior to the retreat the price paid less the deposit will be refunded.
5. Detailed retreat information will be emailed to you 4 weeks before the retreat.
6. You must provide a signed health declaration to ensure that any adjustments or modifications can be accommodated, and any dietary requirements can be catered for.
7. Early Bird prices apply to bookings which are paid for in full no less than 4 calendar months prior to the first day of the retreat.
8. Payments by bank transfer (preferred) to: Mrs G Osborne-Bates  
TSB Bank plc – Sort Code:77-71-50 – Account No: 04231168  
or cheque to “Mrs Osborne-Bates” at: Skiplam Grange, Nawton, York YO62 7TX

- ✓ Please add me to your mailing list for future events.  
(your details will absolutely never be passed to any other parties)
- ✓ Please send me a “Certificate of Attendance” for CPD purposes.
- ✓ Please send me an invoice/receipt.

**AMBITIOUS AND POWERFUL**

Signature: ..... Date: .....

I have read and accept the booking terms and wish to book a place on the retreat as indicated above.