



Hatha Yoga - Course Booking Form

Classes will run with a minimum of 6 and a maximum of 10 participants and spaces will be allocated on a first come first served basis.

- Feeling Fab - Hatha Yoga for Men & Women** (all levels)
Tuesday morning 10.30am – 12.30pm
The Granary at Skiplam Grange, Nawton YO62 7TX
A course of 5 weekly classes commencing 21st February 2017: £50

- Feeling Fab - Hatha Yoga for Men & Women** (all levels)
Wednesday morning 10.30am – 12.30pm
The Granary at Skiplam Grange, Nawton YO62 7TX
A course of 5 weekly classes commencing 22nd February 2017: £50

Name: Date:

email:

*I am paying by cash/cheque/bank transfer (delete as appropriate)
Cheques to “Mrs Osborne-Bates” Skiplam Grange, Nawton, York YO62 7TX
Bank Transfers: TSB Sort Code:77-71-50 Account: 04231168 Mrs G Osborne-Bates

If you are a new student you must complete a separate health declaration form at your first class. If you are a returning student please confirm that there have been no significant changes to your health since you last completed a health declaration by ticking here ✓

Small is Beautiful ☺

My class sizes are purposefully kept small because I don't want to be so stretched that I cannot give individual attention! You do not need to attend all weeks of a course, but you do need to pay for them. If you miss a session you may attend any other class session to compensate.

If you are new to yoga or new to me, I will happily give the option to pay for a single taster class if space permits.

**FABULOUS AND
POWERFUL**