



MARLOWS
the kitchen

MENU



For the early bird...

Served from 8.30am - 11am

Breakfast

- The Marlow's perfect start** £7.95
2 local pork sausages, 2 rashers back bacon, fried egg, grilled tomato, buttered button mushrooms and baked beans served with a slice of toast and tea or regular filter coffee
- Light breakfast** £4.50
Local pork sausage, smoked back bacon, fried egg, grilled tomato, hash brown and baked beans
- Veggie breakfast** ✓ £4.50
Grilled tomato, buttered button mushrooms, 2 hash browns, fried egg and baked beans
- Marlow's benedict** £6.95
Toasted buttered muffin with 2 poached eggs, 2 rashers crispy back bacon and hollandaise
- Homemade granola** £3.95
Served with Greek yogurt and seasonal fruit compote
- Kids breakfast** £3.25
Under 12's chose 3 items with a child's drink
- Freshly baked croissant & pastries** £1.95
- Toasted fruit loaf** £2.75
- Toast** £1.50
2 slices of white or brown with butter
- Tiptree jam** £0.60

A little extra

Extra sausage	£1.10
Extra slice of bacon	£1.10
Extra egg	£1.00
Portion of beans	£1.00
Grilled tomato	£1.00
Portion mushrooms	£1.00
Hash browns	£1.00

Sandwiches

- Suffolk sausage & sour dough** £3.95
2 local pork sausages in buttered sour dough bread
- Smoked bacon & sour dough** £3.95
3 rashers crispy smoked bacon in buttered sour dough bread



Please sit down, peruse the menu and then place your order at the counter



The food we serve in our Kitchen Café is from a traditional kitchen and may contain traces of nuts, gluten and other allergens. Please speak to a member of the team if you have any allergies.

Lunch

Served from 11am - 4pm

Toasted paninis

All served with mixed leaves and balsamic dressing

- Brie, roasted red pepper, watercress & chilli jam** ✓ £6.25
- Chicken breast, pesto, sundried tomato & mozzarella** £6.25
- Goat's cheese & onion chutney with rocket** ✓ £6.25
- Add a bowl of chips* £1.00

Classic toasties

All served with mixed leaves and balsamic dressing

- Cheddar & red onion** ✓ £5.25
- Cheddar & tomato** ✓ £5.25
- Cheddar & honey roast ham** £5.25
- Tuna melt** £5.25
- Add a bowl of chips* £1.00

Baked jacket potatoes

Served with homemade slaw and mixed leaves

- Prawn mayo topped with rocket** £6.75
- Classic cheddar & beans** ✓ £5.95
- Tuna mayo with spring onion** £5.95
- Coronation chicken & mango chutney** £6.75
- Goats cheese, pinenut & spinach topped with red onion chutney** ✓ £6.75
- Plain jacket & butter** £4.95
- Extra toppings* £1.00 / £1.50



Check out the blackboard for our lunch specials!

Soup

- Homemade soup of the day** £4.25
Served with fresh bread and butter

Sandwiches

Served on white, brown or gluten free bread with salad garnish

- Coronation chicken & mixed leaves** £5.25
- Honey roast ham, cheddar & plum chutney** £4.95
- Prawn Marie Rose with rocket** £5.25
- Egg, mayonnaise & watercress** ✓ £4.75
- Tuna mayo & cucumber** £4.95

For the little ones (under 12s)

- Mini battered fish with chips & peas** £4.95
- Sausage, creamy mash & peas** £4.95
- Cheesy bean boat with a cheese sail on a pool of beans** ✓ £4.95
All children's meals are served with a child's drink
- Children's picnic** £4.75
Mini sandwich (cheese or ham), yogurt, raisins, Pom Bears and your choice of child's drink

A little extra

Large chips	£1.75
Bread & butter	£1.50
Marlow's house salad	£2.00
Homemade slaw	£1.50

From the bakery

Homemade sultana scone Served with butter	£1.80
Homemade cheese scone Served with butter	£1.80
Tempting tray bakes Ask for today's tasty choices	£2.20
Sensational sponge cakes Check out our cake display for choices	£3.50
Cream tea Homemade sultana scone, jam and clotted cream served with tea or regular filter coffee	£4.50
Toasted teacake Served with butter	£1.75

Hot drinks

Traditional tea	£1.85
Loose leaf luxury tea Earl Grey, Moroccan mint, fruit punch, lemon and ginger, easy green tea	£2.25
De-caffeinated tea	£2.10
Filter coffee	£1.95 / £2.25 / £2.50
Americano	£1.95 / £2.25 / £2.50
Latte	£2.25 / £2.55 / £2.75
Cappuccino	£2.25 / £2.55 / £2.75
Flat white	£2.45
Espresso	£1.45 / 1.95
Macchiato	£1.95
Mocha	£2.45 / £2.75 / £3.00
Hot chocolate	£2.25 / £2.55 / £2.75
Luxury hot chocolate Large with cream and marshmallows	£2.95
Extra shot	£0.50
Syrups	£0.50

Sweet treats

Sweet treats Check out our blackboard or ask your server for today's choices	£4.50
Locally made ice cream:	
2 yummy scoops!	£3.50
3 yummy scoops!	£4.95

Cold drinks

Pepsi / diet Pepsi	£1.95
Still / sparkling water	£1.85
Breckland local Posh Pop Ginger beer & chilli, plum & cherry, elderflower & pear, cream soda & rhubarb	£2.35
Lighter options Elderflower, ginger beer & chilli	£2.35
James White local apple juice Russet, Cox or Bramley	£2.50
Orange juice	£1.95
Milkshakes & smoothies	£3.00
Mini bottle of wine Merlot or Sauvignon	£3.50
Mini bottle prosecco White or Rosé	£6.25
Aspall Waddlegoose apple cider	£3.75
Adnams Ghost Ship	£3.45
Adnams Lighthouse	£3.45
Greene King East Coast IPA	£3.45
Greene King Yard Bird pale ale	£3.00
Peroni lager	£3.00

